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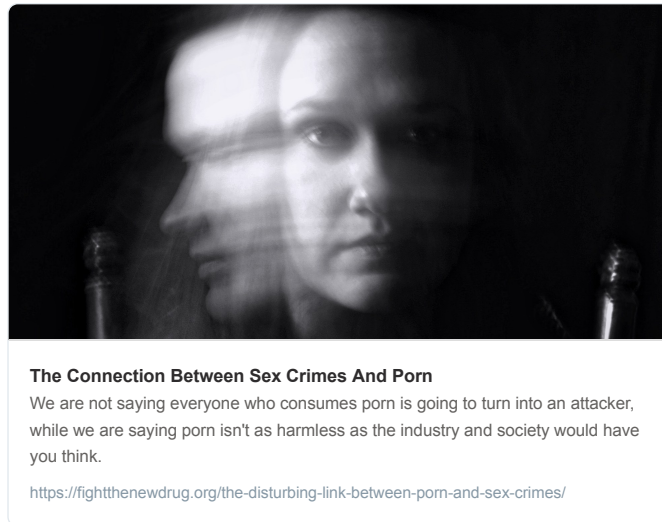
8 Aug · 45 tweets · [baqlavas/status/1291930913459376129](https://twitter.com/baqlavas/status/1291930913459376129)

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## A thread on why porn is bad (with sources):

1. The Michigan State Police Department found that pornography is used or imitated in 41% of the sex crimes they have investigated.

Source:



### **The Connection Between Sex Crimes And Porn**

We are not saying everyone who consumes porn is going to turn into an attacker, while we are saying porn isn't as harmless as the industry and society would have you think.

<https://fightthenewdrug.org/the-disturbing-link-between-porn-and-sex-crimes/>

2. Dr. Victor Cline did research that showed how consumers who become addicted to pornographic materials begin to want more explicit or extreme material and end up desiring to act out what they've seen.

Source: <https://www.catholicnewsagency.com/amp/resources/life-and-family/pornography/pornographys-effects-on-adults-and-children>

3. Porn use increases the odds of: developing sexually deviant tendencies (31% increase in risk), committing sexual offenses (22% increase in risk), and accepting myths about rape (31% increase in risk).

Source: [https://rescuefreedom.org/wp-content/uploads/2017/10/covenant\\_eyes\\_pornography\\_statistics\\_2014.pdf](https://rescuefreedom.org/wp-content/uploads/2017/10/covenant_eyes_pornography_statistics_2014.pdf)

4. Porn causes a lack of sexual satisfaction, loneliness, and divorce in married couples.

Source: <https://www.psychologytoday.com/us/blog/experimentations/201803/4-ways-porn-use-causes-problems>

5. In one survey, 62% of divorce attorneys surveyed said that obsession with porn had been a significant factor in divorces cases they had handled.

Source:



**3 Reasons Why Watching Porn Is Harmful (And Research Is Proving It)...**

Just like it took decades for science to prove that smoking cigarettes was harmful, we are learning a similar lesson with porn in our society today. Science and research are proving that porn harms...

<https://medium.com/@FightTheNewDrug/3-reasons-why-watching-porn-is-harmful-and...>

6. In one study, direct correlation was noticed between the amount of pornography one viewed and one's overall sexual satisfaction.

Source: [https://rescuefreedom.org/wp-content/uploads/2017/10/covenant\\_eyes\\_pornography\\_statistics\\_2014.pdf](https://rescuefreedom.org/wp-content/uploads/2017/10/covenant_eyes_pornography_statistics_2014.pdf)

7. In a study of 187 female university students, researchers concluded early exposure to pornography was related to subsequent "rape fantasies" and attitudes supportive of sexual violence against women.

Source: [https://rescuefreedom.org/wp-content/uploads/2017/10/covenant\\_eyes\\_pornography\\_statistics\\_2014.pdf](https://rescuefreedom.org/wp-content/uploads/2017/10/covenant_eyes_pornography_statistics_2014.pdf)

8. In 2004, data was collected from interviews with 271 women participating in a battered women's program. Pornography use by their partner significantly increased the odds of women being sexually abused by their abusers.

Source: [https://rescuefreedom.org/wp-content/uploads/2017/10/covenant\\_eyes\\_pornography\\_statistics\\_2014.pdf](https://rescuefreedom.org/wp-content/uploads/2017/10/covenant_eyes_pornography_statistics_2014.pdf)

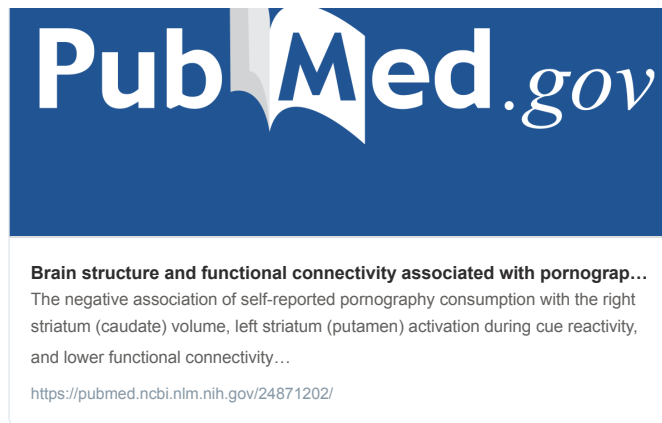
9. 88% of scenes in porn films contain acts of physical aggression and 49% of scenes contain verbal aggression.

Source: [covenanteyes.com/pornstats/](http://covenanteyes.com/pornstats/)

10. The exposure of children to internet pornography harms their developing brains, in specific decreased brain volume in the right striatum, decreased left striatum activation, and lower functional connectivity to the prefrontal cortex.

Source:





11. Researchers believe that pornography's intense stimulation of the brain brings about significant changes to the brain similar to drug addiction.

Source: <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1874574>.

12. As hours of reported pornography use increases, the amount of grey matter in the brain decreases.

Source: <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1874574>.

13. A study of 14 to 19 year olds found that females who consumed pornographic videos were at a significantly greater likelihood of being victims of sexual harassment or sexual assault.

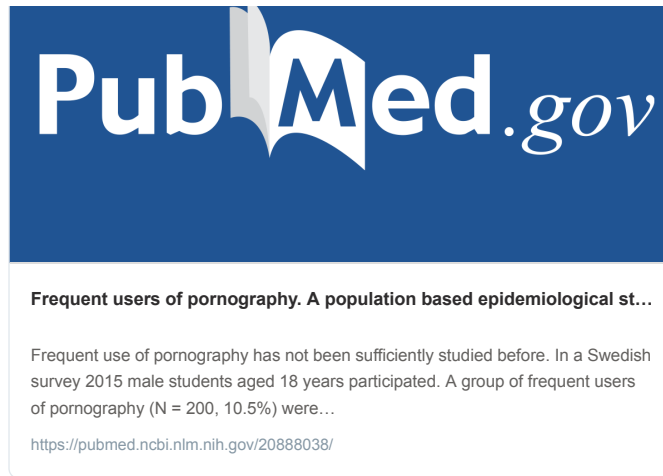
Source:



14. A Swedish study of 18-year-old males found that frequent consumers of pornography were significantly more likely to have sold and bought sex than other boys of the same age.

Source:





15. A 2015 meta-analysis of 22 studies from seven countries found that internationally the consumption of pornography was significantly associated with increases in verbal and physical aggression, among males and females alike.

Source:



16. The University of New Hampshire did a study that showed that the states with the highest readership of pornographic magazines like Playboy and Penthouse also have the highest rape rates.

Source: [https://books.google.com/books?id=oLSfa7gusbAC&pg=PA328&lpg=PA328&dq=The+University+of+New+Hampshire+did+a+study+that+showed+that+the+states+with+the+highest+readership+of+pornographic+magazines+like+Playboy+and+Penthouse,+also+have+the+highest+rape+rates.&source=bl&ots=smGMRe-ZCJ&sig=ACfU3U2rRC5H\\_051\\_noG\\_xyBaAm8weYUpw&hl=en&sa=X&ved=2ahUKEwjR9bGuoYrrAhWHmeAKHfW4AXoQ6AEwBHoEAcQAQ](https://books.google.com/books?id=oLSfa7gusbAC&pg=PA328&lpg=PA328&dq=The+University+of+New+Hampshire+did+a+study+that+showed+that+the+states+with+the+highest+readership+of+pornographic+magazines+like+Playboy+and+Penthouse,+also+have+the+highest+rape+rates.&source=bl&ots=smGMRe-ZCJ&sig=ACfU3U2rRC5H_051_noG_xyBaAm8weYUpw&hl=en&sa=X&ved=2ahUKEwjR9bGuoYrrAhWHmeAKHfW4AXoQ6AEwBHoEAcQAQ)

17. Children 10 YEARS OLD AND YOUNGER account for 22% of all online obscene-content consumption in the 18-years-old-and-under category.



Source: <https://www.netnanny.com/blog/the-detrimental-effects-of-pornography-on-small-children/>

18. Child pornographers is one of the fastest-growing online businesses. 624,000+ child porn traders have been discovered online in the U.S. Between 2005 and 2009, child porn was hosted on servers located in all 50 states.

Source: [innocentjustice.org/know-more/](http://innocentjustice.org/know-more/)

19. Adult porn was connected with each of the 1,400 child sexual molestation cases in Louisville, Kentucky and child pornography was connected with the majority of them.

Source: [https://enough.org/stats\\_exploitation](https://enough.org/stats_exploitation)

20. By some estimates, 4.5 million people are trapped or forced into sexual exploitation globally. According to one study in 9 countries, 49% of sexually exploited women said that pornography was made of them while they were being sold for sex.

Source:



21. Traffickers show pornography to sex trafficking victims to train them and desensitize them to the sex acts they will be forced to perform.

Source:



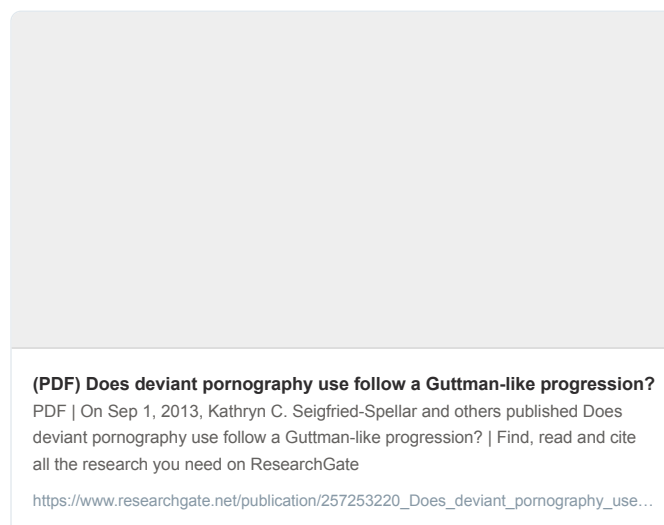
22. Internet pornography use is linked to increases in problematic sexual activity at younger ages, and a greater likelihood of engaging in risky sexual behavior such as hookups, multiple sex partners, etc.

Source:



23. A 2013 survey revealed that those who intentionally sought pornography at a younger age were significantly more likely to be users of pornography exhibiting the sexual abuse of animals and children.

Source:



24. Males who use pornography and go to strip clubs were found to engage in more sexual abuse, stalking, and marital rape than abusers who did not use pornography and go to strip clubs.

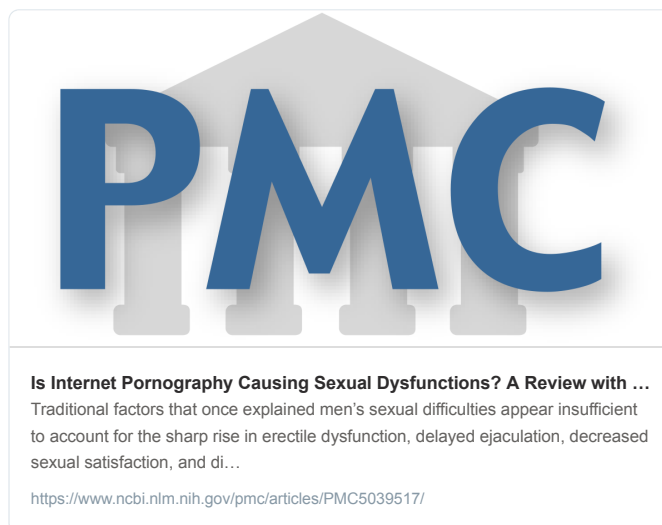
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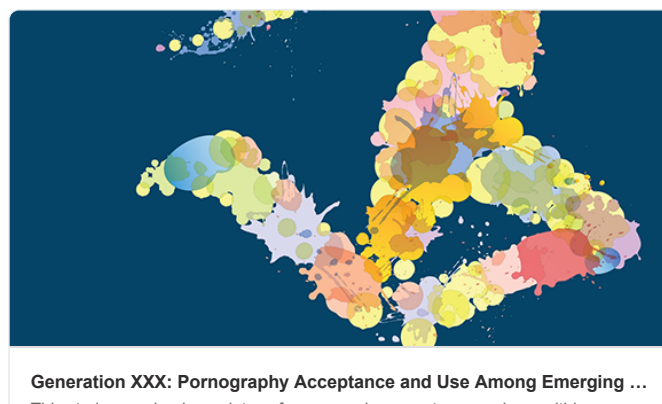
25. A 2015 study found that men's frequency of pornography use is positively linked to body image insecurity regarding muscularity and body fat, and to increased anxiety in romantic relationships.

Source:



26. For males, increased pornography use is correlated with more sex partners, more alcohol use, more binge drinking, and greater acceptance of sex outside of marriage.

Source:



This study examined correlates of pornography acceptance and use within a normative (nonclinical) population of emerging adults (individuals aged 18–26). Partic...

<https://journals.sagepub.com/doi/10.1177/0743558407306348>

27. A nationally representative survey of youth ages 9–17 reported that online pornography users were significantly more likely to report a poor emotional bond with their caregiver than those who don't watch porn at all.

Source:



28. Pornography is not only perpetuating human trafficking, but it is incentivizing the use of children in pornography and human traffic in order to draw in larger profit.

Source:



29. In Hawaii in 1974, restrictions were placed on the sale of pornographic material. Rape figures fell for the following two years. The restrictions were then lifted, and rape immediately increased.

Source:





**Evaluating, Doing and Writing Research in Psychology**

Evaluating, Doing and Writing Research in Psychology is a thoroughly revised and expanded co-edition of the highly regarded Reasoning and Argument in Psychology, originally published by UNSW Press, A...

<https://books.google.com/books?id=jZi7CgAAQBAJ&pg=PT169&lpg=PT169&dq=In+H...>

30. Exposure to violent pornography is directly linked to teen dating violence.

Source:



**The Association Between Exposure to Violent Pornography and Teen ...**

Exposure to pornography in general has been linked with adolescent dating violence and sexual aggression, but less is known about exposure to violent pornography specifically. The current study exami...

<https://pubmed.ncbi.nlm.nih.gov/31309432/>

31. Porn has fuelled a 400% rise in child-on-child assaults in the UK.

Source:



**How Violent Porn Fueled a 400% Rise in Child-On-Child Assaults in the...**

Experts say violent pornography is influencing hundreds of children to act out the aggressive, hardcore scenes they see online.

<https://fightthenewdrug.org/how-porn-fuels-child-on-child-sex-attacks/>

32. Ted Bundy, an infamous serial killer who killed more than 30 women and young girls, said that his use of pornography influenced his violent crimes.

Source:



33. According to a Japanese study, men exposed to rape porn are significantly more likely to believe women secretly enjoy being raped.

Source:



34. According to one meta-analysis, watching porn is correlated to a 31% increase of developing sexually deviant tendencies.

Source: <http://citeseerx.ist.psu.edu/viewdoc/summary?doi=10.1.1.525.9208>

35. Even moderate porn usage is correlated with damage to parts of the brain involved with motivation and decision-making.

Source: <https://jamanetwork.com/journals/jamapsychiatry/fullarticle/1874574>

36. In a study of U.S. college men, researchers found that 83% reported seeing mainstream pornography and that those who did were more likely to say they would

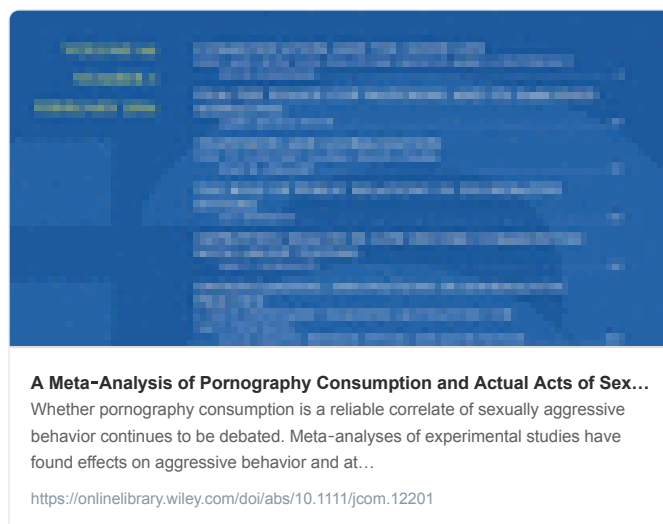
commit rape or sexual assault (if they knew they wouldn't be caught).

Source:



37. A meta-analysis of 22 studies between 1978 and 2014 from 7 different countries concluded that pornography consumption is associated with an increased likelihood of committing acts of verbal or physical sexual aggression, regardless of age.

Source:



38. Because so much porn is free and unfiltered on most digital devices, the average age of first viewing porn is estimated by some researchers to be 11.

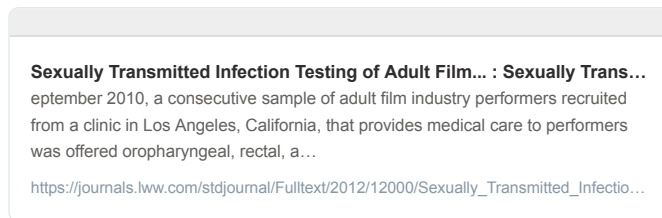
Source:





39. Pornography film sets are often flush with sexually transmitted infections. In a 2012 study that examined 168 sex industry performers (67% were female and 33% were male), 28% were suffering from one of 96 infections

Source:



40. Severe clinical depression was reported twice as frequently among 10-17 year old internet pornography users compared to non-users.

Source:



41. The most common female role stated in porn titles is that of women in their 20s portraying teenagers.

Source:







#### Deep Inside: A Study of 10,000 Porn Stars

An analysis and infographic of 10,000 porn stars and adult films, revealing what the average adult performer looks like and does on film.

<https://jonmillward.com/blog/studies/deep-inside-a-study-of-10000-porn-stars/>

42. The website Pornhub has been caught hosting rape and child pornography hundreds of times. In fact, one 15-year-old rape victim was a verified member on the website.

Source:



#### Time to shut Pornhub down

In the last few months, there have been several shocking cases of sex trafficking and child rape films that were hosted on Pornhub. A 15-year-old girl who had been missing for a year was finally found...

<https://www.washingtonexaminer.com/opinion/time-to-shut-pornhub-down>

43. Likewise, Pornhub has reportedly profited from videos of rape and sexual assault uploaded to the website.

Source: <https://www.google.com/amp/s/www.nydailynews.com/news/world/ny-petition-pornhub-profit-rape-sexual-abuse-videos-350k-signatures-20200310-z4ojcqaidrg3bb54ekdq6ak4te-story.html%3foutputType=amp>

44. Many former porn stars were forced into their scenes, being drugged and raped. It is impossible to know how many porn videos online are non-consensual.

Source:



"You're Gonna Be A Star": The Day I was Drugged and Raped on a Bar

**You're Gonna Be A Star : The Day I Was Drugged and Raped on a Porn...**

When I returned to the film set, groggy from the pills, the room was filled. Over 20 people stood around, focused on the couch in the middle of the room.

<https://fightthenewdrug.org/youre-gonna-be-a-star-my-career-as-an-abused-porn-perfo...>

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